

Southeast Guilford Swim Club

4301 Southeast School Road Greensboro, NC 27406

Phone: (336)-676-8614 swimse.com

Our rules are enforced for the safety, courtesy and respect of all members and to enable everyone to enjoy the Club to its fullest. All instructions from managers and guards are to be promptly obeyed. They have the authority to discipline or remove unruly members or guests. Thank you for keeping our Club safe and fun for everyone!

Registration

- All members and guests must sign in at front desk.
- All guests must enter and stay with members during their visit to SESC. Guests must leave when the member they came with leaves.
- Guest fees are to be paid upon entering.
- Guest fees are \$10 a day or \$40 for a 10 visit guest pass
- Members found abusing the guest pass or policy could have their membership revoked
- Memberships are for **immediate** family living under the same roof together.
- **ONLY MEMBERS OVER THE AGE OF 13 ARE ALLOWED TO BE AT THE POOL WITHOUT ADULT SUPERVISION.** This rule will be enforced and parents will be called to pick up their underage children immediately.

Swimming and Diving

- No running around the pool or rough playing in or out of the pool.
- No back dives or flips off the sides.
- No dunking, rough play or excessive splashing.
- No diving except in the diving well (See Diving Well Rules).
- No sitting, hanging on, or cutting through the lap lane dividers.
- Noodles are allowed, but please do not use them as a weapon or slap them on water surface

DIVING WELL RULES AND SLIDE RULES

- Member must be at least 4 years old and follow rules listed below.
- Must pass a swim test (swim width of pool).
- **No personal flotation devices allowed!**
- Must swim to the ladders immediately after entering the water.
- Must dive in front of the boards...not to either side.
- One bounce on the diving board
- One person on the diving board at a time
- Sharks and Minnows will be played when lifeguard gives permission.
 1. Must be played from ladders to rope.
 2. May not go past white drain lines.
- Must not be over 12 years old to go down slide.

Snack Bar and Picnic Shelter Area

- Keep all food and drinks behind the drain lines.
- Please clean up after meals.
- Deposit trash and cans in appropriate containers.
- STAFF ONLY in concession stand.

Adult Swim

- Every hour during 10 minute break. Children (under 16) must exit the pool at Adult Swim. Toddlers may be in the water with their parents during this time

Baby Pool

- **No guard is on duty.** Parents are responsible for the safety and supervision of their own children. All children must be with an adult while in pool area.
- No child over 5 permitted to use the baby pool or toys.
- Infants and toddlers must wear “swimmies” while in either pool.

Deck Space

- Please do not move lounge chairs around the deck area. All chairs are set up according to the North Carolina Public Pools Administrative Codes. There must be at least 6 feet of clear walking space from the pool. The baby pool must have at least 4. If someone from the county were to come in and chairs are not where they are supposed to be we will be shut down. Please respect and obey these rules.

Floats, balls and squirt toys

- No large floats are allowed in the pool during normal operating hours
- Soft squishy balls are allowed as long as they are thrown to someone and not thrown out of the pool
- Hard balls, footballs, tennis balls etc will not be allowed at anytime.
- Squirt toys are allowed at this time as long as they are used in a reasonable way.
 1. do not squirt people in the face
 2. do not chase people down to squirt them
 3. they are to be used in the pool only.
 4. do not aim them at people outside the pool and squirt them

it will be at the lifeguards and manager's discretion to remove any toys that become a nuisance for other guests.

It will be at the manager's discretion to remove an individual who does not follow all rules of Southeast Swim Club